

# Christian Counseling Resources for Marriage and Family

(Current August 9, 2021)

*The counselors listed below are listed by location and then in alphabetical order by last name. They represent themselves to be Biblical counselors offering services that include marriage and family counseling and agree with the National Association of Evangelicals Statement of Faith <http://nae.net/statement-of-faith/>. Heart for Families compiled this list from the information received from each individual. The counseling practices of these individuals are not associated with Heart for Families and are not endorsed by Heart for Families. Those seeking professional counseling services are responsible for evaluating the credentials, expertise, and claims and determining the specific counseling theory of each counseling provider.*

## LICENSED PROFESSIONALS IN FRANKLIN, NC

**Diedre Breeden, M.A., LCMHCS** Licensed Clinical Mental Health Counselor Supervisor

- Kaleo Counseling 919 Haywood Rd., Ste. 104, Sylva, NC
- (828) 631-9914 [diedre.breeden@gmail.com](mailto:diedre.breeden@gmail.com)
- Marriage & Family, anxiety, attachment,, depression, families with teens in crisis, grief, relational challenges, spiritual growth, trauma.
- Insurance accepted; sliding scale for those who qualify.
- Office and online counseling services.

**Katie Dewhurst, M.A., LCMHCA** Licensed Clinical Mental Health Counselor Associate

- Sylva Clinical Associates 55 Holly Springs Park Dr., Franklin, NC 28734
- (828) 586-5555 [Katedewhurstlpc@gmail.com](mailto:Katedewhurstlpc@gmail.com) [Katedewhurst.com](http://Katedewhurst.com)
- Marriage & Family, addictions, anger, depression, anxiety, grief, life transitions, pastor & spouse, relational challenges, spiritual growth, severe crisis (psychosis & suicide), trauma.
- \$80 to \$100 – Sliding scale: reduced rates for self-pay. Insurance accepted.

**Carla Ferguson, M.A., LCMHC** Licensed Clinical Mental Health Counselor

- Individual, Family, & Group Counseling 98 Hyatt Road, Franklin, NC 28734
- (334) 750-5977 [carla5977@msn.com](mailto:carla5977@msn.com)
- Pre-marriage and Marriage & Family, anger, anxiety, childhood abuse, communication & conflict, depression, divorce, grief & loss, infidelity, pastor & spouse, relational challenges, spiritual growth, trauma.
- \$90 – Sliding scale based on income. Insurance not accepted.
- Office and online counseling services

**Kevin Inabinet** Licensed Clinical Social Worker

- 52 E. Main Street, Suite B, Franklin, NC 28734
- (828) 369-8880 [k4inab@frontier.com](mailto:k4inab@frontier.com)
- Children and adolescents and their families, anger.

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- \$100 to \$150 – No sliding scale. Insurance not accepted.

**Christy Wyatt** Licensed Clinical Social Worker, Licensed Clinical Addictions Specialist

- 33 E. Main Street, Suite 7 Franklin, NC 28734
- (828) 634-1806 Fax: 754-600-4797 [ckwyatt@wyahcounseling.com](mailto:ckwyatt@wyahcounseling.com)
- Adults (ages 18 and up), depression, anxiety, trauma, substance use and families of loved ones experiencing substance use, co-occurring disorders, spiritual growth, grief, clinical supervision
- \$100 –Sliding fee scale. Insurance: BCBS, UHS, Optum, Medicare (Cigna & Aetna pending).

## LAY COUNSELORS & COACHES IN FRANKLIN, NC

**Jeremy Bradford,** Certified Marriage & Family Life Coach; Ordained Minister, Counseling Training

- MyHop (My House of Prayer) 236 Cunningham Rd., Suite 7, Franklin, NC 28734
- (828) 736-5883 [jeremyb@theburn247.com](mailto:jeremyb@theburn247.com)
- Pre-Marriage and Marriage and Family, forgiveness, and spiritual transformation.
- \$35 per session donation suggested.

**Lois Hembree** Biblical Counselor/Christian Coach

- 245 Guffeys Gap Road, Franklin, NC 28734
- (561) 301-3880 [loishembree.lbh@gmail.com](mailto:loishembree.lbh@gmail.com)
- \$30 – No sliding scale. Insurance not accepted

**Michelle Mullins** ICF Certified Professional Life Coach

- Connection Coach, LLC Franklin, NC 28734
- (828) 550-5718 [myconnectioncoach@gmail.com](mailto:myconnectioncoach@gmail.com) [michellemullinscoaching.com](http://michellemullinscoaching.com)
- Life Coaching including time management, work-life balance, and women working remotely.
- \$99 – Ministry discount. Insurance not accepted. Free 20-minute initial phone consultation.

**Mitch Schultz, M.A.,** Biblical Counseling, Ordained Minister, Ministry for pastors and their families

- Fruitful Vine Ministry 21 Southern Comfort Drive, Toccoa, GA 30577
- (828) 200-6270 [fruitfulvinemin@gmail.com](mailto:fruitfulvinemin@gmail.com) [fruitfulvineministry.com](http://fruitfulvineministry.com)
- SYMBIS Pre-Marriage Counseling, Marriage & Family, families with teens in crisis, Nouthetic counseling, spiritual growth.
- \$50 per session donation to Fruitful Vine Ministry recommended. Insurance not applicable.

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## LICENSED PROFESSIONALS IN ASHEVILLE, NC

**Mitchell Durham, Ph.D.**

Licensed Psychologist

- LifeChange Counseling and Psy. Services
- 76 Peachtree Rd, Suite 310F, Asheville, NC 28803
- (828) 424-3773 [DrDurham@LifeChangeCPS.com](mailto:DrDurham@LifeChangeCPS.com) [www.mitchelldurhamphd.com](http://www.mitchelldurhamphd.com)
- Marriage & Family, addictions, anger, anxiety, bipolar, depression, eating disorders, families with teens in crisis, grief, life transitions, loneliness, pastor & spouse, personality disorder, relational challenges, severe crisis (i.e. psychosis, suicidality), spiritual growth, substance abuse, trauma.
- \$75 to \$140 – No sliding scale. Discount for cash. Insurance: contact Dr. Durham.
- Services are via secure telehealth format only.

**Mariana R. Glass, M.A., LCMHC**

Licensed Clinical Mental Health Counselor

- Asheville Counseling and Training Services 7 Beaverdam Rd., Ste. 201, Asheville, NC
- (828) 230-2217 [mglass@ashevillescounseling.net](mailto:mglass@ashevillescounseling.net) [ashevillescounselingandtraining.com](http://ashevillescounselingandtraining.com)
- Counseling for pastors and their spouses.
- \$115 individual/\$130 couples (discounts available in certain circumstances) - BCBS insurance accepted; “superbill” available for others.

**Meg Russ, M.A., LCMHC** NBCC certified Licensed Clinical Mental Health Counselor

- Safe Harbor Christian Counseling 115 Rockdale Avenue Swannanoa, NC 28778
- (828) 515-1104 1-800-305-2089 [meganrusslpc@gmail.com](mailto:meganrusslpc@gmail.com) <https://www.safeharbornc.com>
- Family counseling, anxiety, PTSD, ODD, DMDD, grief and loss, anger, trauma, addiction, abuse, depression, and life-transitions for adults and children
- Insurance accepted from Medcost, Tricare, BlueCross BlueShield of North Carolina, Aetna, and Magellan.

**Kevin Wimbish, M.S., LMFT**

Licensed Marriage & Family Therapist; Family Life Coach

- Summit Wellness Centers
- 1293 Hendersonville Rd., Bldg. A, Ste. 23, Asheville, NC 28803
- (828) 692-6383 [summitwellnesscenters.com](http://summitwellnesscenters.com)
- Pre-marriage and Marriage & Family, family with teens, stepfamily work, marital infidelity; anxiety; depression; life transitions, men’s issues including compulsion and anger management.
- No sliding scale. Insurance accepted: BCBS and United Healthcare.

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## **LICENSED PROFESSIONALS IN BLACK MOUNTAIN/MONTREAT/FAIRVIEW**

**Linda J. Curtis, M.A., M.S., LCMHC, NBCC**  
National Board of Certified Counselors

Licensed Clinical Mental Health Counselor;

- Gateway Christian Counseling 200 Allen Mountain Drive, Black Mountain, NC 28711
- (828) 242-9556 [lindacurtis111@att.net](mailto:lindacurtis111@att.net)
- Marriage and Family, anxiety, depression, pastor & spouse, relational skills, sexual issues, spiritual growth.
- \$70 – Sliding scale: \$60 to 65. Insurance accepted: BCBS

**Nikki Moussette, Clinical Director**

- Williams Place- Faith-based residential care; 12-week program

**Patty Stump, M.A., LCMHC**

Licensed Clinical Mental Health Counselor

- Lakey Creek Health Center Black Mountain, NC
- (828) 398-2435 [pattystump@juno.com](mailto:pattystump@juno.com)
- Marriage and Family, anxiety, depression, grief & loss, life transitions, relational issues, self-concept & identity issues, life transitions, personal & spiritual growth.
- \$75 – Sliding scale. Insurance not accepted.

## **LICENSED PROFESSIONALS IN HENDERSONVILLE, NC**

**Wanda Anthony-Burger, Ph.D., LCMHC, LCAS**

Licensed Clinical Mental Health Counselor;

Licensed Clinical Addictions Specialist; NBCC Certified Trainer

- 624 West Main Street, Yadkinville, NC 27055
- (336) 344-7187
- Marriage & Family, anger, ADHD, autism, dual diagnosis, DV, substance abuse, faith-based, trauma
- \$75 to \$100 – No sliding scale. Fee reduced if no insurance. Insurance; Medicaid.

## **LICENSED PROFESSIONALS IN DAWSONVILLE, GA**

**Kathy Howell, Ph.D., LCMHC**

Licensed Clinical Mental Health Counselor

- 786 Riverbend Road, Dawsonville, GA 30534
- (706) 216-6356 [dr.howell7@gmail.com](mailto:dr.howell7@gmail.com)
- Marriage & Family, marital infidelity, anxiety, autism, deep memory healing, depression, nutrition-related mood and hormone imbalances OCD, sexual issues, trauma, women's issues.

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- \$130 – Sliding scale based on income. Insurance accepted including Medicaid.

## **LICENSED PROFESSIONALS IN ATLANTA, GA AREA**

**Alice D. Hoag**, Ed. D. LCMHC, BCPCCC Doctor of Education, Licensed Clinical Mental Health Counselor, Board Certified Professional Christian Counselor

- The Summit Counseling Center
- 2750 Old Alabama Road, Johns Creek, GA 30022
- (678) 893-5300      [Alice.hoag@hotmail.com](mailto:Alice.hoag@hotmail.com)      [www.hoagcounseling.com](http://www.hoagcounseling.com)
- Marriage & Family, anxiety, childhood abuse, depression, personality disorders, trauma.
- \$80 to \$150 – No sliding scale. Discounts available. Insurance accepted.